



























May 2024

Physical Wellness Month

Independent Living

KEY:*=Sign-up \$=Charge ACS=Arts & Crafts Studio AR=Aerobics Rm CBR=Club Rm CLR=Commons Living Rm CR=Carolina Rm GR=Georgia Rm MR=Meditation Rm SP=Sun Porch Card=Card Parlor ME=Main Entrance COL=Colonnade PDR=Private Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>2nd Stella Grandin 2nd John Reeves 3rd Beverly Roberts 3rd Cozette Watkins 4th Ross Miller 4th Nancy Garrison 5th Kitty White 6th Paul Franks</p>	<p>7th Midge Powell 9th Sharon Reeves 10th Jan Perry 11th Judith Ross 12th Billy Hagler 17th Vonda Finch 19th Ann Boardman 20th Ann Myers</p>	<p>21st Sandra Plastridge 22nd Edward Smith 23rd Jim Hicks 25th Bill Waples 26th Jan Nelson 27th Page Berry 29th Richard Pugh 30th Gene Rice</p>	<p>Books for Vets Begins 1 9:30 Shopping - Publix* 1:00 Craft Day (ACS)* 1:30 Shopping - Augusta Mall* 1:30 Shopping - Kroger* 3:30 Dance Party! (AR) 4:00 Communion Episcopal Church Good Shepherd (CR) 6:00 GreenJackets Baseball (ME)*\$</p> 	<p>2 10:15 Bible Study - IL Residents (SP) 2:15 Communion Baptist C. Kerley (CR) 3:00 BW Choir (CR) 7:00 Chase Concert- Suzuki Strings of Augusta Upper Ensemble (GR)</p> 	<p>3 8:00 Gentleman's Breakfast (CH) 9:15 Small Group Circuit (gym) 1:30 Mah-Jongg (Card) 2:00 Quarter Bingo (GR) 3:00 Ping Pong (AR) 4:00 Derby de Mayo Party(ME)</p> 	<p>4 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 2:00 Lei Day Celebration (GR)</p> 
<p>5 10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 5:00 Vespers (GR)</p> 	<p>6 10:00 Bank Run (ME)* 11:30 Lunch Bunch- Hawaiian Style BBQ (ME)*\$ 2:00 Party Bridge (Card) 2:30 Canasta (SP) 3:00 Pickleball (AR) 4:00 Wilde Pub! (CBR) \$</p> <p>HAWAIIAN STYLE BBQ</p>	<p>7 7:00 Wilde Continental (CLR) \$ 10:20 Flexibility (AR) 11:30 Chaplain Care (MR) 1:00 Craft Day make up day (ACS)* 1:00 Grief Support Group (CR) 3:00 Billiards- Billiards Room 3:30 Presbyterian Communion (CR) 6:00 Covered Dish (GR)*</p> 	<p>8 9:30 Shopping - Kroger* 10:30 Catholic Mass St. Teresa (CR) 1:00 Craft Day Make Up Day(ACS)* 1:30 Shopping - Publix* 1:30 Shopping - Walmart* 3:30 Dance Party! (AR)</p> 	<p>9 10:15 Bible Study - IL Residents (SP) 2:00 Communion Methodist Wesley Church (CR) 3:00 BW Choir (CR) 7:00 Chase Concert- Davidson Chorale (GR)</p> 	<p>10 9:15 Small Group Circuit (gym) 1:30 Mah-Jongg (Card) 2:00 Quarter Bingo (GR) 3:00 Ping Pong (AR) 6:30 Presidential Dinner Theatre (ME)*\$</p> 	<p>11 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 6:30 Augusta Symphony "Symphonic Jazz" (ME)*\$</p> 
<p>Happy Mother's Day 12 10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 5:00 Vespers (GR)</p> 	<p>13 2:00 Party Bridge (Card) 2:00 Resident Council Meeting (GR) 2:30 Canasta (SP) 3:00 Pickleball (AR) 3:45 Dinner Club- Olive Garden- New Location (ME) *\$</p> 	<p>14 7:00 Wilde Continental (CLR) \$ 10:00 Tech Talk with Wyatt (CR) 10:20 Flexibility (AR) 11:30 Chaplain Care (MR) 3:00 3 Ball Billiards</p> 	<p>15 9:30 Shopping - Publix* 1:30 Shopping - Hamricks* 1:30 Shopping - Kroger* 2:00 Water Volleyball (Pool) 3:30 Dance Party! (AR) 4:00 Communion Church / Good Shepherd Episcopal (CR) 6:00 GreenJackets Baseball (ME) *\$</p> 	<p>16 10:15 Bible Study - IL Residents (SP) 2:00 Communion Methodist Trinity on the Hill (CR) 3:00 BW Choir (CR) 4:00 Third Thursday- Spring Fling! (CH) 6:15 North Augusta Music in the Park (ME)*</p> 	<p>17 9:00 PX Shopping at Ft. Eisenhower (ME)*\$ 9:15 Small Group Circuit (gym) 1:30 Mah-Jongg (Card) 2:00 Bikes & Trikes Demo Day (ME) 3:00 Ping Pong (AR)</p> 	<p>18 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR)</p> 
<p>19 10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 4:30 Augusta Youth Chorale Vespers (GR)</p> 	<p>20 9:30 Bank Run (ME)* 9:30 Kayak (ME) 11:00 Genealogy Club (CBR) 2:00 Party Bridge (Card) 2:30 Canasta (SP) 3:00 Greeting Card Club (ACS) 3:00 Pickleball (AR) 4:00 Wilde Pub! (CBR) \$ 4:15 Monthly Birthday Bash (GR)</p> 	<p>21 7:00 Wilde Continental (CLR) \$ 10:00 Intro to Caremerge with Wyatt (CR) 10:20 Flexibility (AR) 11:30 Chaplain Care (MR) 1:00 Grief Support Group (CR) 2:00 Brandon Wilde Hour- A Functioning Wilde Brain w/ Greg LaFortune (GR) 3:00 Billiards- Billiards Room</p> 	<p>22 9:30 Shopping - Kroger* 10:30 Catholic Mass St. Teresa (CR) 1:30 Shopping - Publix* 1:30 Shopping - Mullins Crossing & Belk* 3:30 Dance Party! (AR) 6:00 GreenJackets Baseball (ME)*\$</p> 	<p>23 10:15 Bible Study - IL Residents (SP) 1:30 Executive Director's Dialogue (GR) 3:00 BW Choir (CR) 6:15 North Augusta Music in the Park (ME)*</p> 	<p>24 9:15 Small Group Circuit (gym) 11:00 VA Benefits, Info & Registration (CR) 1:30 Mah-Jongg (Card) 2:00 Quarter Bingo (GR) 3:00 Ping Pong (AR)</p> 	<p>25 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR)</p> 
<p>26 10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 5:00 Vespers (GR)</p> 	<p>Memorial Day 27 11:00 Memorial Day Service - ME 12:00 Memorial Day Buffet (Main Dining) 2:00 Party Bridge (Card) 2:00 Book Discussion Group (CR) 2:30 Canasta (SP) 3:00 Pickleball (AR)</p> 	<p>28 7:00 Wilde Continental (CLR) \$ 10:20 Flexibility (AR) 11:30 Chaplain Care (MR) 2:00 Health Center Tours (Exam Rm) 3:00 Billiards- Billiards Room 4:00 BW Birding Club- Hummingbirds Talk with Wild Birds Unlimited (Wellness Gazebo) 6:00 General Meeting CSRA Parkinson Support Group</p> 	<p>29 NSHFD - Regular Fitness Classes CANCELLED 9:00 1K/5K Another WILDE Race (ME) 9:30 Shopping - Publix* 9:30 Shopping - Publix* 1:30 Shopping - Kroger* 3:30 Dance Party! (AR) 4:00 Communion Episcopal Church Good Shepherd (CR)</p> 	<p>30 9:00 Veterans Coffee (CBR) 10:15 Bible Study - IL Residents (SP) 3:00 BW Choir (CR) 6:15 North Augusta Music in the Park (ME)*</p> 	<p>Books for Vets Ends 31 9:15 Small Group Circuit (gym) 11:00 The Latest in Pain and Spine Technologies with Dr. Prabhakar (GR) 1:30 Mah-Jongg (Card) 2:00 Quarter Bingo (GR) 3:00 Ping Pong (AR)</p> 	<p>To sign up for events, please go to Caremerge or call the CMI (Count Me In) phone 706-854-3519</p>