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Spiritual Wellness Month

Name: _____
Team: _____

KEY:*=Sign-up \$=Charge ACS=Arts & Crafts Studio AR=Aerobics Rm CBR=Club Rm CLR=Commons Living Rm CR=Carolina Rm GR=Georgia Rm MR=Meditation Rm SP=Sun Porch Card=Card Parlor ME=Main Entrance COL=Colonnade PDR=Private Dinning Room						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	To sign up for events, please go to Caremerge or call the CMI (Count Me In) phone 706-854-3519	1 7:00 Wilde Continental (CLR) \$ 8:30 Pole Dancing with Chipndale (AR) 9:30 Aqua Exercise "Wave" (Pool) 11:45 Chaplain Care (MR) 1:00 Grief Support Group (CR) 1:00 Wii Bowling PLAY OFFS (CBR) 2:00 5 Crowns (Card Parlor) 3:00 Billiards- Billiards Room 3:00 Casual Ping Pong (AR) 3:30 Presbyterian Communion (CR) 6:00 Covered Dish (GR)* 	2 9:30 Shopping - Publix* 1:00 Craft Day (ACS)* 1:30 Shopping - Augusta Mall* 1:30 Shopping - Kroger* 2:00 Spintopia! (CR) 3:00 Line Dance (AR) 4:00 Communion Episcopal Church Good Shepherd (CR) 	3 9:30 Aqua Exercise "Wave" (Pool) 10:15 Bible Study - IL Residents (SP) ***CANCELLED 11:10 BW Choir Practice (CR) 2:15 Communion Baptist C. Kerley (CR) 3:00 CHAIR CHALLENGE (AR) 4:00 Wine Tasting with Joe McGowan- Western European White Wines (GR)*\$ 	4 8:00 Gentleman's Breakfast (CH) 8:00 BW Biscuit Breakfast Bar (SP) \$ 9:15 Brunch Bunch: Bowl Boss Acai (ME) *\$ 1:30 Mah-Jongg (Card) 2:00 TO HELL WITH HELENE: POOL REOPENING PARTY (Pool) 3:00 Ping Pong (AR) 	5 9:30 Water Walking with Avery (Pool) 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 5 Crowns (CBR) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 
6 10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 3:00 Aiken Augusta Orchid Society (CH) 5:00 Vespers (GR) 	7 9:30 Buona Caffè Roastery Tour (ME)*\$ 10:00 Bank Run (ME)* 11:00 CHAIR CHALLENGE (AR) 2:00 Canasta (SP) 2:00 Party Bridge (Card) 2:00 Casual Pickleball (AR) 3:00 Pickleball (AR) 	8 7:00 Wilde Continental (CLR) \$ 9:30 Aqua Exercise "Wave" (Pool) 10:00 Tech Talk with Wyatt (CR) 10:20 GROUNDING (AR) 11:45 Chaplain Care (MR) 1:00 Wii Bowling SEMI-FINALS (CBR) 2:00 5 Crowns (Card Parlor) 3:00 3 Ball Billiards- Billiards Room 3:00 Casual Ping Pong (AR) 4:00 United in Prayer (MR) 	9 9:30 Shopping - Kroger* 10:30 Catholic Mass St. Teresa (CR) 1:30 Shopping - Publix* 1:30 Shopping - Walmart* 2:00 Spintopia! (CR) 3:00 Line Dance (AR) 4:00 Masters Par 3 Par-Tee Sponsored by Glenn Endowment (ME) 	10 9:30 Aqua Exercise "Wave" (Pool) 10:15 Bible Study - IL Residents (SP) 11:10 BW Choir Practice (GR) 1:30 Barnyard Buddies (PAV Patio) 2:00 Communion Methodist Wesley Church (CR) 3:00 CHAIR CHALLENGE (AR) 	National SIT to STAND Day 11 8:00 BW Biscuit Breakfast Bar (SP) \$ 1:30 Mah-Jongg (Card) 2:00 Quarter Bingo (GR) 3:00 Ping Pong (AR) 	12 9:30 Water Walking with Billie (Pool) 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 5 Crowns (CBR) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 
13 10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 5:00 Palm Sunday Vespers (GR) 	14 11:00 Monday with Morgan with Dr. Despande (GR) 11:00 CHAIR CHALLENGE (AR) 2:00 Canasta (SP) 2:00 Party Bridge (Card) 2:00 Casual Pickleball (AR) 2:00 Resident Council Meeting (GR) 3:00 Pickleball (AR) 	15 7:00 Wilde Continental (CLR) \$ 9:30 Aqua Exercise "Wave" (Pool) 10:00 Intro to Caremerge with Wyatt (CR) 11:45 Chaplain Care (MR) 1:00 Grief Support Group (CR) 2:00 E&F Annual Meeting (GR) 2:00 5 Crowns (Card Parlor) 3:00 Billiards- Billiards Room 3:00 Casual Ping Pong (AR) 	16 9:30 Shopping - Publix* 10:15 Chair Yoga OUTSIDE 1:30 Shopping - Hamricks* 1:30 Shopping - Kroger* 2:00 Water Volleyball (pool) 3:00 Line Dance (AR) 3:30 Passover Seder (GR) 4:00 Communion Church/ Good Shepherd Episcopal (CR) 6:15 GreenJackets Baseball (ME)*\$ 	17 9:30 Aqua Exercise "Wave" (Pool) 10:15 Bible Study - IL Residents (SP) 11:10 BW Choir Practice (GR) 2:00 Communion Methodist Trinity on the Hill (CR) 3:00 CHAIR CHALLENGE (AR) 4:00 Third Thursday Event with Guitarist, Alan Vail (CBR) 	18 8:00 BW Biscuit Breakfast Bar (SP) \$ 9:00 PX Shopping at Ft. Eisenhower (ME) *\$ 11:00 Good Friday Service (GR) 1:30 Mah-Jongg (Card) 2:00 Quarter Bingo (GR) 3:00 Ping Pong (AR) 	19 9:30 Water Walking with Kitty (Pool) 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 5 Crowns (CBR) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 2:00 Underwater Egg Hunt (Pool) 
20 7:00 Easter Sunrise Service 10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 5:00 NO Vespers (GR) - Sunrise Service 	21 9:30 Bank Run (ME)* 11:00 Sit & Fit (AR) 11:00 Genealogy Club (CBR) 2:00 Canasta (1200 Lobby) 2:00 Party Bridge (Card) 2:00 Casual Pickleball (AR) 3:00 Greeting Card Club (ACS) 3:00 Pickleball (AR) 	22 7:00 Wilde Continental (CLR) \$ 9:30 Aqua Exercise "Wave" (Pool) 11:45 Chaplain Care (MR) 2:00 5 Crowns (Card Parlor) 3:00 Billiards- Billiards Room 3:00 Casual Ping Pong (AR) 4:00 BW Birding Club (Wellness Gazebo) 6:00 General Meeting CSRA Parkinson Support Group 	23 9:30 Shopping - Kroger* 10:30 Catholic Mass St. Teresa (CR) 1:30 Shopping - Publix* 1:30 Shopping - Mullins Crossing & Belk* 4:45 Dinner Club : Hokkaido (ME)*\$ 	24 9:00 Veterans Coffee Grp (CBR) 9:30 Aqua Exercise "Wave" (Pool) 10:15 Bible Study - IL Residents (SP) 11:10 BW Choir Practice (GR) 1:30 Executive Director's Dialogue (GR) 6:30 Augusta Pops! "Star Wars Episode IV: A New Hope" (ME)*\$ 7:15 Broadway at CC PAC "Pretty Woman" (ME)*\$ 	25 8:00 BW Biscuit Breakfast Bar (SP) \$ 11:00 "Glymohatics—Why we must sleep" with Dr. Jack Yu (GR) 1:30 Mah-Jongg (Card) 1:30 Spintopia Showdown against Porter's Neck Village! (GR) 3:00 Ping Pong (AR) 	26 9:30 Water Walking with Jack (Pool) 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 5 Crowns (CBR) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 
27 10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 2:15 HJCM-Zuill Bailey, cellist with Natasha Paremiski, pianist (ME)*\$ 5:00 Vespers (GR) 	28 9:30 AquaFusion with Avery (Pool) 10:40 Tour of the Hindu Temple Society of Augusta (ME)* 11:00 CHAIR CHALLENGE (AR) 2:00 Canasta (SP) 2:00 Party Bridge (Card) 2:00 Book Discussion Group (CR) 2:00 Casual Pickleball (AR) 3:00 Pickleball FREE for ALL (AR) 4:15 Monthly Birthday Bash (GR) 	29 7:00 Wilde Continental (CLR) \$ 9:00 Tai Chi OUTSIDE 9:30 Aqua Exercise "Wave" (Pool) 11:10 BW Choir Practice (GR) 11:45 Chaplain Care (MR) 2:00 5 Crowns (Card Parlor) 3:00 Billiards- Billiards Room 3:00 Casual Ping Pong (AR) 3:00 Great Decisions Discussion Group (CR) 	30 9:30 Shopping - Publix* 10:45 Health Center, Friends, and Family BW Choir Spring Concert (GR) 1:30 Shopping - Kroger* 3:00 Line Dance (AR) 4:00 Communion Epsicopal Church Good Shepherd (CR) 4:45 Dinner Club: Hokkaido (ME)*\$ 5:30 Chef's Table (PDR)*\$ 	 <div>1st Steve Hallett 4th Charles Colvin 6th George Morgan 7th Max Brown 8th Claudett Allsup 11th Phyllis Brandon 11th Virgil Hardin 12th Martha Gary 13th Jim Thompson</div> <div>14th Ruth Killough 15th Dorothy Adams 15th David Patton 19th Wayne Bland 19th Myra Corcoran 20th Helen Barry 21st Wallis Stevens 21st Carol Dew 21st Susie Saul</div> <div>22nd Sandra Whittaker 23rd Blake Meadows 25th Sandra Bandy 26th Jean McGowan 26th Loretta Watts 27th Jennifer Atkinson 30th Mary LeBourdais 30th Doug Williams</div>		