



# January 2024

## Vocational Wellness Month

# Independent Living

KEY:\*=Sign-up \$=Charge ACS=Arts & Crafts Studio AR=Aerobics Rm CBR=Club Rm CLR=Commons Living Rm CR=Carolina Rm GR=Georgia Rm MR=Meditation Rm SP=Sun Porch Card=Card Parlor ME=Main Entrance COL=Colonnade PDR=Private Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div></div> <div>7</div>	<div>1</div> <div>New Years Day</div> <div>Monthly Photo Contest Begins!</div> <div>2:00 Party Bridge (Card)</div> <div>3:00 Pickleball (AR)</div> <div></div> <div>Walking Club Begins Mon-Fri, 10am/1pm at the Main Entrance</div> <div></div>	<div>2</div> <div>7:00 Wilde Continental (CLR) \$</div> <div>11:30 Chaplain Care (MR)</div> <div>1:00 Grief Support Group (CR)</div> <div>3:00 Billiards- Billiards Room</div> <div>3:30 Presbyterian Communion (CR)</div> <div>6:00 Covered Dish (GR)*</div> <div></div>	<div>3</div> <div>9:30 Shopping - Kroger*</div> <div>10:30 Catholic Community (CR)</div> <div>1:00 Craft Day (ACS)*</div> <div>1:30 Shopping - Augusta Mall*</div> <div>1:30 Shopping - Publix*</div> <div>4:00 Communion Episcopal Church Good Shepherd (CR)</div> <div></div>	<div>4</div> <div>10:15 Bible Study - IL Residents (SP)</div> <div>2:15 Communion Baptist C. Kerley (CR)</div> <div>2:30 Athens Botanical Gardens "Wonderlights Disco Nights" (ME)*\$</div> <div></div>	<div>5</div> <div>8:00 Gentleman's Breakfast (CH)</div> <div>11:30 Lunch Bunch Cantina Locale (ME)*\$</div> <div>1:30 Mah-Jongg (Card)</div> <div>2:00 Quarter Bingo (GR)</div> <div>3:00 Ping Pong (AR)</div> <div>6:30 Campfire, S'mores and Songs (ME)</div> <div></div>	<div>6</div> <div>10:00 Needlework Group (ACS)</div> <div>1:30 Mah-Jongg (Card)</div> <div>2:00 BW-TV Movie #698</div> <div>2:00 Duplicate Bridge (CR)</div> <div>6:30 Augusta Symphony "Mozart and Milhaud" (ME)*\$</div> <div></div>
<div>7</div> <div>10:00 Daily Qigong (BW-TV)</div> <div>11:00 First Baptist Church of Augusta Livestream Service (CR)</div> <div>2:00 BW-TV Movie #698</div> <div>5:00 Vespers (GR)</div> <div></div>	<div>8</div> <div>10:00 Bank Run (ME)*</div> <div>11:00 Genesis World View (CR)</div> <div>2:00 Party Bridge (Card)</div> <div>2:00 Resident Council Meeting (GR)</div> <div>2:30 Canasta (SP)</div> <div>3:00 Pickleball (AR)</div> <div>7:30 Chase Concert- Duke Ellington Celebration (GR)</div> <div></div>	<div>9</div> <div>7:00 Wilde Continental (CLR) \$</div> <div>10:00 Tech Talk with Wyatt (CR)</div> <div>11:30 Chaplain Care (MR)</div> <div>3:00 3 Ball Billiards</div> <div></div>	<div>10</div> <div>9:30 Shopping - Publix*</div> <div>10:30 Catholic Mass St. Teresa (CR)</div> <div>1:00 Craft with Linda (ACS)*</div> <div>1:30 Shopping - Kroger*</div> <div>1:30 Shopping - Walmart*</div> <div>2:00 Water Volleyball (Pool)</div> <div>6:30 Joyful Ringers Youth Bells (GR)</div> <div></div>	<div>11</div> <div>10:15 Bible Study - IL Residents (SP)</div> <div>11:15 AU presents Dr. Orlosky discussing AI (GR)</div> <div>2:00 Communion Methodist Wesley Church (CR)</div> <div>2:00 Emergency Packets and More! (GR)</div> <div></div>	<div>12</div> <div>9:30 Nature Hike Euchee Creek (ME)\$</div> <div>10:30 Art with Carrie Hauger (ACS)*</div> <div>1:30 Mah-Jongg (Card)</div> <div>2:00 Bingo Sponsored by SMP (GR)</div> <div>3:00 Ping Pong (AR)</div> <div></div>	<div>13</div> <div>10:00 Needlework Group (ACS)</div> <div>1:30 Mah-Jongg (Card)</div> <div>2:00 BW-TV Movie #698</div> <div>2:00 Duplicate Bridge (CR)</div> <div></div>
<div>14</div> <div>10:00 Daily Qigong (BW-TV)</div> <div>11:00 First Baptist Church of Augusta Livestream Service (CR)</div> <div>2:00 BW-TV Movie #698</div> <div>5:00 Vespers (GR)</div> <div></div>	<div>15</div> <div>11:00 Genealogy Club (CBR)</div> <div>11:00 MLK Day of Service (GR)</div> <div>11:00 Genesis World View (CR)</div> <div>2:00 Party Bridge (Card)</div> <div>2:30 Canasta (SP)</div> <div>3:00 Greeting Card Club (ACS)</div> <div>3:00 Pickleball (AR)</div> <div></div>	<div>16</div> <div>7:00 Wilde Continental (CLR) \$</div> <div>10:00 Intro to Caremerge with Wyatt (CR)</div> <div>11:30 Chaplain Care (MR)</div> <div>1:00 Wii Bowling PRACTICE (CBR)</div> <div>1:00 Grief Support Group (CR)</div> <div>3:00 Billiards- Billiards Room</div> <div>4:30 Dinner Club- Frog &amp; Hen (ME)*\$</div> <div></div>	<div>17</div> <div>9:30 Shopping - Kroger*</div> <div>10:30 Catholic Community (CR)</div> <div>1:30 Shopping - Hamricks*</div> <div>1:30 Shopping - Publix*</div> <div>4:00 Communion Church / Good Shepherd Episcopal (CR)</div> <div>7:30 Chase Concert Series- Scott Kirby (GR)</div> <div></div>	<div>18</div> <div>10:15 Bible Study - IL Residents (SP)</div> <div>2:00 Communion Methodist Trinity on the Hill (CR)</div> <div>4:00 Third Thursday Event (CBR)</div> <div></div>	<div>19</div> <div>9:00 PX Shopping at Ft. Eisenhower (ME)*\$</div> <div>10:00 Ladies Brunch (GR)*\$</div> <div>1:00 GAP Project (GR)</div> <div>1:30 Mah-Jongg (Card)</div> <div>2:00 Quarter Bingo (GR)</div> <div>3:00 Ping Pong (AR)</div> <div></div>	<div>20</div> <div>10:00 Needlework Group (ACS)</div> <div>1:30 Mah-Jongg (Card)</div> <div>2:00 BW-TV Movie #698</div> <div>2:00 Duplicate Bridge (CR)</div> <div></div>
<div>21</div> <div>10:00 Daily Qigong (BW-TV)</div> <div>11:00 First Baptist Church of Augusta Livestream Service (CR)</div> <div>2:00 BW-TV Movie #698</div> <div>5:00 Vespers (GR)</div> <div></div>	<div>22</div> <div>9:30 Bank Run (ME)*</div> <div>11:00 Genesis World View (CR)</div> <div>2:00 Party Bridge (Card)</div> <div>2:30 Canasta (SP)</div> <div>3:00 Pickleball (AR)</div> <div>7:00 Outreach Student Piano Recital (GR)</div> <div></div>	<div>23</div> <div>7:00 Wilde Continental (CLR) \$</div> <div>11:30 Chaplain Care (MR)</div> <div>1:00 Wii Bowling PRACTICE</div> <div>2:00 Health Center Tours (Exam Rm)</div> <div>3:00 Billiards- Billiards Room</div> <div>4:00 BW Birding Club (BW Campus)</div> <div>6:00 General Meeting CSRA Parkinson Support Group</div> <div></div>	<div>24</div> <div>9:30 Shopping - Publix*</div> <div>10:30 Catholic Mass St. Teresa (CR)</div> <div>1:30 Shopping - Kroger*</div> <div>1:30 Shopping - Mullins Crossing &amp; Belk*</div> <div>2:00 New Resident Ice Cream Social (GR)</div> <div>6:45 Stomp-Columbia County PAC (ME)*\$</div> <div></div>	<div>25</div> <div>9:00 Veterans Coffee (CBR)</div> <div>10:15 Bible Study - IL Residents (SP)</div> <div>11:15 StoryCorps Interest Session (CR)</div> <div>1:30 Executive Director's Dialogue (GR)</div> <div>4:00 Alzheimer's Support Group (SP)</div> <div></div>	<div>26</div> <div>11:00 Mind over Bladder - Pelvic Health (GR)</div> <div>1:30 Mah-Jongg (Card)</div> <div>2:00 Quarter Bingo (GR)</div> <div>3:00 Ping Pong (AR)</div> <div></div>	<div>27</div> <div>10:00 Needlework Group (ACS)</div> <div>1:30 Mah-Jongg (Card)</div> <div>2:00 BW-TV Movie #698</div> <div>2:00 Duplicate Bridge (CR)</div> <div></div>
<div>28</div> <div>10:00 Daily Qigong (BW-TV)</div> <div>11:00 First Baptist Church of Augusta Livestream Service (CR)</div> <div>2:00 BW-TV Movie #698</div> <div>5:00 Vespers (GR)</div> <div></div>	<div>29</div> <div>11:00 Genesis World View (CR)</div> <div>2:00 Party Bridge (Card)</div> <div>2:00 Book Discussion Group (CR)</div> <div>2:30 Canasta (SP)</div> <div>3:00 Pickleball (AR)</div> <div>4:15 Monthly Birthday Bash (GR)</div> <div></div>	<div>30</div> <div>7:00 Wilde Continental (CLR) \$</div> <div>11:30 Chaplain Care (MR)</div> <div>1:00 Wii Bowling PRACTICE</div> <div>2:00 Master Series Lecture- Artist Talk with Carol Marks (GR)</div> <div>3:00 Billiards- Billiards Room</div> <div></div>	<div>31</div> <div>9:30 Shopping - Kroger*</div> <div>1:00 Watercoloring with Sandee Whittaker (ACS)</div> <div>1:30 Shopping - Publix*</div> <div>2:00 BW Interest Fair (GR)</div> <div>4:00 Communion Episcopal Church Good Shepherd (CR)</div> <div>5:30 Chef's Table (PDR)*\$</div> <div></div>	<div>HAPPY BIRTHDAY</div> <div>3rd Frances Koger</div> <div>4th Jan Colvin</div> <div>4th Phyllis Griffin</div> <div>6th Fred Allen</div> <div>6th Kathleen Reynolds</div> <div>6th Becky Buchanan</div> <div>7th Art Glassman</div> <div>9th Jim Chadbourne</div> <div>9th Mary Lou Ramsey</div> <div>10th David Allard</div> <div>10th Margaret Houck</div> <div>10th Bruce Larkin</div> <div>10th Joanne O'Bryan</div> <div>13th Dianne DuBose</div> <div>13th Dede Levy</div> <div>13th John Leysath</div> <div>14th Don Bray</div> <div>14th Dick Severson</div> <div>17th Ernest Coats</div> <div>18th Carolyn Thompson</div> <div>19th Pat Hennessey</div> <div>20th JoAnn Kaminski</div> <div>20th Dot Gleason</div> <div>22nd Victor Brodeur</div> <div>22nd Jim Rozelle</div> <div>24th Susan Chan</div> <div>27th Barbara Scott</div> <div>28th Linda Cook</div> <div>29th Irvin Pund</div> <div>30th Anna Sisk</div>		